

Let's Get Ready to Play Ball!

Captain,

Thank you for joining us in striking out litter in Columbus. As your team's captain, you can motivate and encourage family, friends, and co-workers to Keep Columbus Beautiful while earning great prizes. Safety is critical to having a great Columbus Litter League experience. This packet includes the league rules, safety checklist, guidelines on how to safely pick up needles/syringes, and dog bite prevention tips. Please thoroughly review this information and contact us with any questions. As the team captain, you will ensure that all players and the parent(s) or guardian(s) of minors sign the participation liability waiver before volunteering in the league. We ask that your team participate in at least two monthly clean-ups in June, July, and August. By doing so, your team can earn free Columbus Clippers tickets for July, August, and September, but certainly, you are welcome to do more as the overall winner will play a whiffle ball game at Huntington Park! We thank you for your commitment to keep Columbus beautiful!

If you have any questions, please feel free to contact KeepColumbusBeautiful@columbus.gov or 614-645-8047.

Sponsored by:





Keep Columbus Beautiful

Participant Liability Waiver

Including Assumption of Risks and Agreement of Release and Indemnification

This form must be read, understood, and signed by all Keep Columbus Beautiful (KCB) Volunteers, adults and minors (persons under the age of 18), and by a parent or guardian (referred to as a Parent) for a minor Volunteer. No volunteer may participate in any KCB-sponsored Volunteer activities unless these signatures are provided.

Description of Activity: The Columbus Litter League volunteer activity includes litter cleanups along public roads, streets, and alleys. There may be possible exposure to traffic, weeds, debris, sharp objects, and other potentially dangerous items. I also understand that many volunteer activities may expose individuals to manual labor, standing for long periods, and exposure to the sun, wind, rain, and other environmental hazards. Volunteers must wear safety vests, gloves, and sturdy shoes when needed.

Medical Concerns:

In most cases, volunteer activities can be adjusted to accommodate almost all participants. Participants with underlying medical problems that put them at greater risk of injury or illness during an activity must carefully consider those risks before participating. If they proceed, they do so at their own risk. Keep Columbus Beautiful reserves the right to exclude any Volunteer from participation for medical, safety, or other reasons. Participants may notify Keep Columbus Beautiful staff of a request for accessibility accommodations. Such requests will be considered and may be granted if reasonable and if the accommodation does not compromise the safety of any participants or staff.

Inherent and Other Risks: Physical risks typically range from minor scrapes, cuts, bruises, and falls to bites and stings. The risk of more severe injury would be unlikely but certainly exists. Injuries may be a natural consequence of the volunteer activity being undertaken due to environmental hazards (including terrain and weather), errors in judgment, or other negligence of the staff, volunteer, or other individuals. Injuries may occur despite the reasonable efforts of the staff to prevent them. In all cases, these inherent risks and other risks that may not be innate, whether or not described above, must be accepted by those who choose to volunteer.

In consideration of the activity which I and my family have agreed to participate in, I (we) agree to the following:

I understand the nature of the activity that I will engage in. I know there are risks of injury associated with the Columbus Litter League. I acknowledge and voluntarily assume the risks associated with this activity, inherent and otherwise, and whether or not described above, including those which may result from the negligent acts or omissions of other volunteers or staff.

I release, indemnify, and hold harmless Keep Columbus Beautiful, the officers, employees, agents, or other representatives of the City of Columbus to which this volunteer activity is

conducted. I agree not to sue them for any liability for causes of action, claims, and demands of any kind and nature whatsoever that may arise from or relate to me or my minor child's participation in volunteer activities.

I accept responsibility for any expenses incurred for any illness or injury resulting from my or my minor child's participation in a volunteer opportunity.

Photo Release

I consent and agree to release permission to Keep Columbus Beautiful to use and share photos of me and my minor child's participation in this activity.

By signing my name below, I agree that I have read, fully understand, and hereby agree to the terms of this agreement, voluntarily and with knowledge of the potential risks. I acknowledge that this agreement shall be effective and binding upon me, my heirs, assigns, personal representatives, and estates.

Print Name of Volunteer

Signature _____

Date _____

<u>If this waiver is for a minor (under the age of 18).</u> I am the parent or guardian of the minor child whose name appears on this release form. I have discussed the terms of the above Agreement with my child and am assured by my child that he or she understands the agreement and has freely accepted its terms. I give my child permission to participate in volunteer opportunities.

Print Name of Parent/Legal Guardian if Volunteer is a Minor

Signature _____

Date _____



Columbus Litter League 2024

League Rules

1. The league play starts June 1, 2024, and ends August 31, 2024.

2. Each team must have a captain and team name and a roster of no more than 20 players. A parent, guardian, or other responsible adult must accompany any player under 13.

3. Teams must select one division in which to compete: businesses/Corporations, Nonprofits/Faith-based, Community Groups, or Individuals. No team may compete in more than one division. However, if a business or other organization sponsors several teams, each team can select its division in which to play if permitted by the sponsor.

4. Each player or parent/guardian of a minor player must complete a participant liability waiver.

5. Teams will submit a score sheet by Monday following a cleanup using the <u>online score sheet</u>.

6. Keep Columbus Beautiful will provide each team with safety vests, gloves, litter grabbers, and trash bags.

7. Each team captain must sign an equipment loan agreement.

8. The team captain can hold equipment during the Litter League season, provided the team is regularly conducting cleanups. After a three-week lapse with no cleanups, equipment must be returned to 1265 Marion Rd. during regular business hours.

9. Teams will score one run for every full bag of litter collected.

10. Tires and bulk items will not be included in scoring, and CANNOT be collected during Litter League.

11. If you feel unsafe at any time, please call 614-645-4545 or, in an emergency, dial 911.



How to Safely Pick up Needles/Syringes

- 1. Place an uncapped plastic bottle on the ground. The bottle can be standing upright or lying on its side. You must only touch or hold onto the bottle again once the syringe is securely inside and ready to recap the bottle. This is to ensure your safety and prevent any accidental needle sticks. Using a litter grabber, pick up the needle/syringe and place it into the bottle. **IMPORTANT: WHEN PLACING A NEEDLE INTO A BOTTLE, UNER NO CIRCUMSTANCES SHOULD YOU TOUCH OR HOLD ONTO THE BOTTLE; this** could result in an accidental needle stick.
- 2. Once the needle is entirely inside the bottle, carefully recap the bottle (make sure the lid is tight and secure) and place the bottle into a trash bag.

When inserting a syringe or needle into a bottle, it should be done with *one hand (the one holding the litter grabber)*. Please put your other hand behind your back so you are not tempted to use it to hold or touch the bottle. Touching or holding onto the bottle while inserting a syringe or needle can result in accidentally sticking yourself with the needle.



Clean-up Safety Checklist

- 1. Designate a safety officer whose only responsibility is safety and troubleshooting. This person should have a first aid kit, a cell phone, and a list of emergency phone numbers. Review this safety checklist with volunteers before they get to work.
- 2. Ask volunteers and parent(s) or guardian(s) of minor volunteers to sign the participant liability waiver.
- 3. Wear heavy shoes, long pants, gloves, and safety vest properly. Remember to wear sunscreen and insect repellent when appropriate.
- 4. Drink plenty of fluids, avoid over-exertion, and get help with large objects. Use proper lifting and bending techniques.
- 5. Do not overstuff bags or pick up anything that could be hazardous to your health
- 6. NEEDLES, sharp or unusual objects. <u>If found, needles should be placed into a hard</u> <u>plastic pop bottle with a cap using the litter grabber provided</u>. Only then may bottles (with needles) be placed in the trash bag. Team leaders should have at least one bottle for their group with their supplies. Also, whenever found, please report the location to someone in authority for follow-up.
- 7. When near a road, wear bright colors, work in groups, and always face oncoming traffic. IMPORTANT Wear your SAFETY VEST!
- 8. INSECTS: Check each other for ticks. If you are stung by a bee or wasp and fear a life-threatening allergic reaction, call 911.
- 9. POISON—Be aware of poison ivy or other poisonous or sharp plant materials. Protect with long-sleeve shirts and pants.
- 10. ANIMALS You may encounter unfriendly dogs when cleaning up in neighborhoods. If approached by a growling or angry animal, stand still, *do not* run, or make direct eye contact. Move slowly away from the animal when appropriate. See dog bite prevention tips.
- 11. Non-poisonous snakes usually reside in wooded and wet areas and abandoned tires, so be cautious at all times.